

Spiritual Self-Leadership

The greatest & hardest decision you'll ever make
for you growth in life or in business.

Waking up to inspiration and integrity for meaningful
life and purposeful work.

Spiritual self-leadership is the process of becoming aware of the illusion of free choice and advancing to make choices that effectively manifest and change your reality for more inspiring life, relationships and work. Triple bottom line of business stems from deeply meaningful life as intrinsic part of a much greater whole; from personal awareness to organisational, local and global effects.

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Why spiritual self-leadership is needed for elevated thinking

PROBLEM-REACTION-SOLUTION LOGIC

External problems force to react and to produce solutions.

CHANGE-AWARENESS

Non-reactive awareness doesn't recreate prior problems.

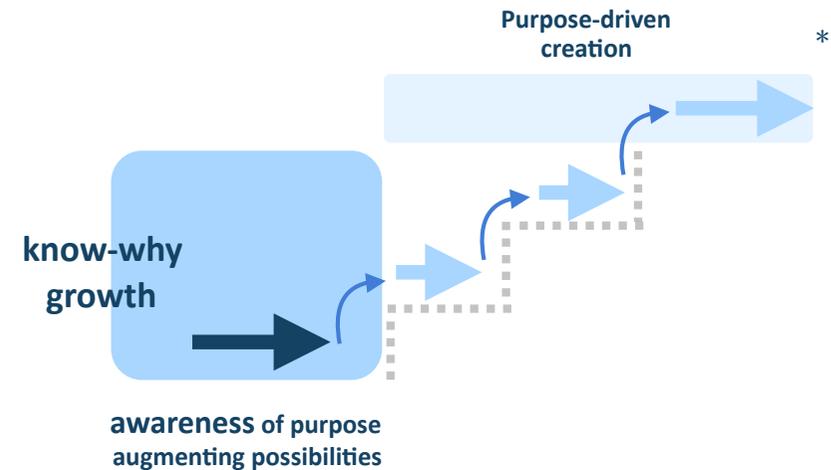
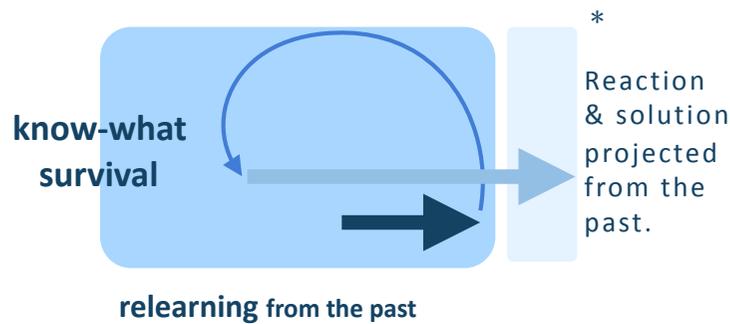
Reactive mindset

Analysis of events and effects.

EXPANDING CONSCIOUSNESS (personal spiritual process)

Exploration mindset

Understanding the causes and attributes of the events.



Empirical way to gather evidence for the next step of development. The aim is for certainty of action and continuum, which is achieved by a *limited* amount of controlled alterations. Creativity is acting within the old paradigm.

Truth serves a particular purpose - **Truth serves an agenda.**

"I believe what I see and what is proven."

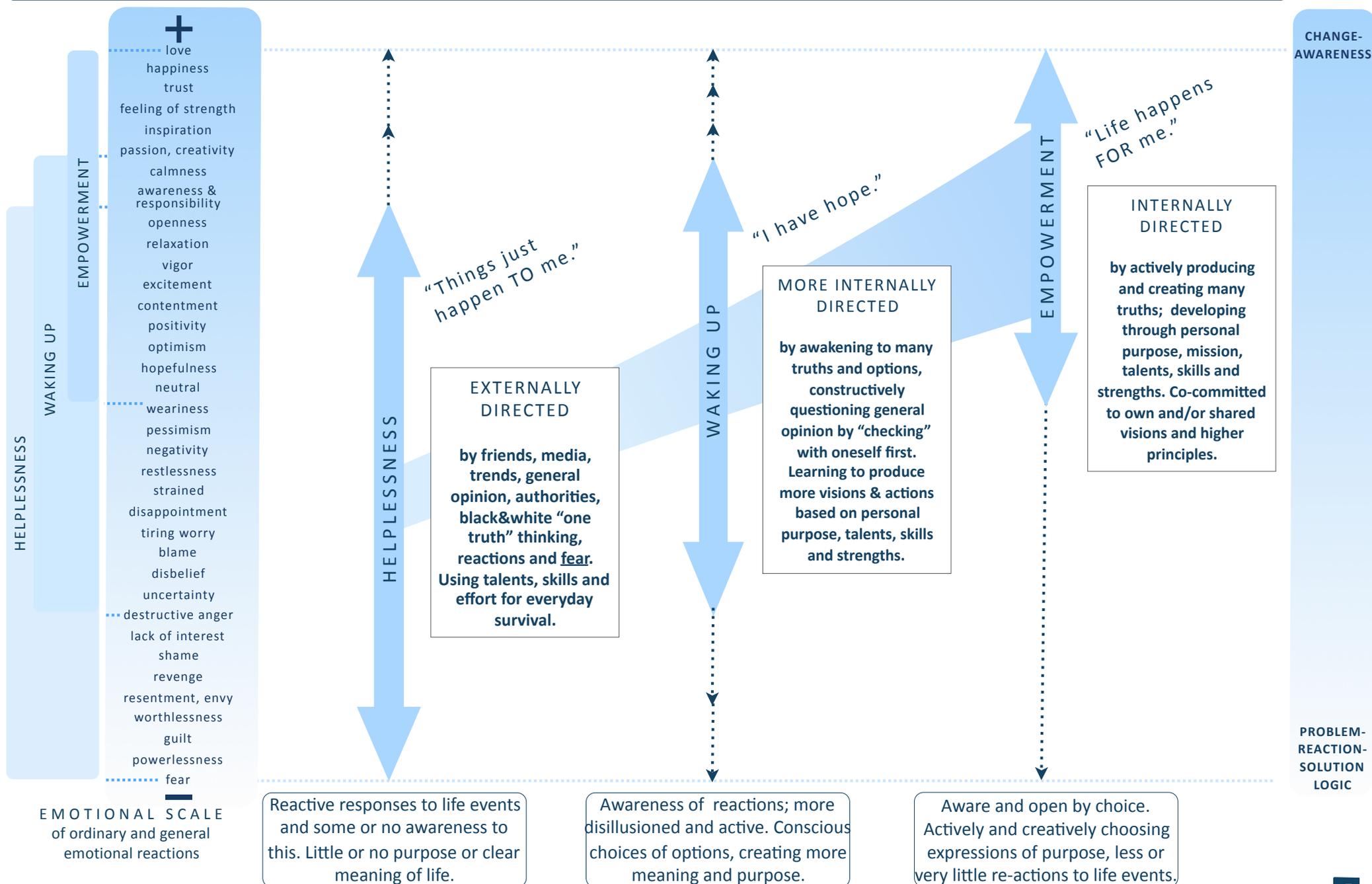
Exploring opportunities beyond the certainty or of what is proven. The guiding principle comes also through the purpose within, which is aligned with much wider, unbounded perspective. True novelty is created.

Truth is created by understanding possibilities - **Truth has no agenda.**

"What I believe, I see unfolding."

Spiritual self-leadership & personal growth for inspiration, integrity & new business

Interpretations of any event depend on our beliefs, which steer us within the Emotional Scale (left). This constitutes our actual re-actions, or later chosen responses and creative attitudes, to life's events.



Spiritual self-leadership and roles in the new awareness

CONFLICT roles

Problem-**reaction**-solution roles within the individual and with others.

EXTERNALLY
DIRECTED

by friends, media, trends, general opinion, authors, black&white "one truth" thinking, reactions and fear. Using talents, skills and effort for everyday survival.

**EXPANDING
CONSCIOUSNESS**
(personal spiritual process)

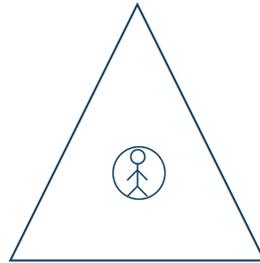
CO-EXPLORATORY roles

Change-**awareness**-growth roles within the individual and with others.

INTERNALLY
DIRECTED

by actively producing and creating opportunities; developing through personal purpose, mission, talents, skills and strengths. Co-committed to own and/or shared visions and higher principles.

VICTIM



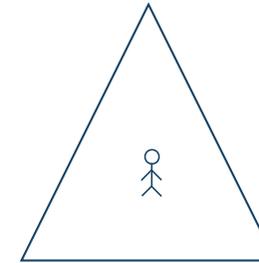
RESCUER

PERSECUTOR



Re-active individual protecting self and competing against others while participating unconsciously in the "rat race". He/She is concentrating on survival reacting to problems. Uncertainty of purpose sustains fight for survival depleting resources, motivation and inspiration
(-> judgment, shame, blame, fear - recession of growth).

EMPOWERED SELF



NURTURER

MOTIVATOR



Communicative and active individual. He/She is committed to self-realised and appreciated aims. He/She is genuine: reframing conflicts, ownership, supporting and motivating self and others, self-empowered and inspirational
(-> trust, responsibility, joy, love - growth).

LOWER POWER principle - attaining short term gains depletes internal power and external | No personal responsibility + Unconscious of the overall impact(s)
= No mental maturity -> attaining power over others through physical, emotional, verbal, financial ect. influence, manipulation, persuasion, assertion.

HIGHER POWER principle - growth of the self by giving and sharing genuine presence and expertise | Personal responsibility + Continuously developing awareness of overall impact(s)
= Personal Power -> attaining and developing personal power through presence, acceptance. wisdom. compassion. trust.

Spiritual self-leadership and organisations in the new awareness

CONFLICT

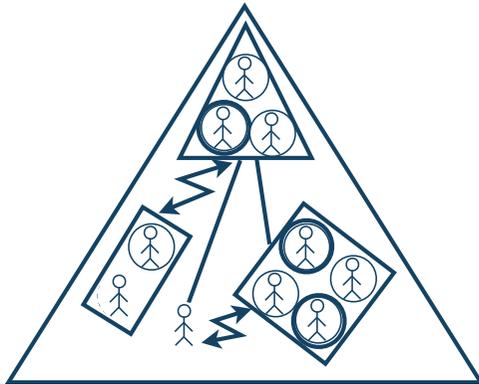
silo and separation *based* reactions for competition

EXTERNALLY
DIRECTED

by friends, media, trends, general opinion, authors, black&white "one truth" thinking, reactions and fear. Using talents, skills and effort for everyday survival.

Conflict

- Problems appear out of nowhere.
- Opinionated truths are forced through conflict by authority.
- Ad-hoc solutions (producing 97% of the poor end results*).
- Innovative thinking avoided.



"My Truth is the only right one and your's is therefore wrong."

LANGUAGE & THOUGHT

Attitude of "I know" is traded as power | Concealed weakness | Indifference | Blame | No trust | Need for certainty | Disconnectedness | Impatience | Dishonesty | Co-dependent | Lack of appreciation | Being special | Mercilessness | Searching for false balance | No transparency | Future possibilities projected from the past of "what"

CO-EXPLORATORY

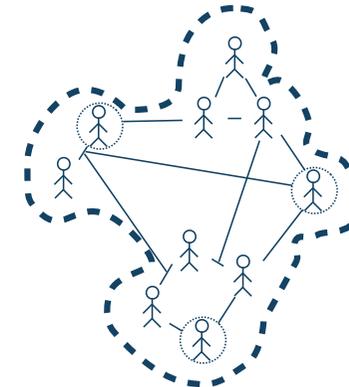
meaning and co-exploratory *driven* actions for sharing

INTERNALLY
DIRECTED

by actively producing and creating possibilities; developing through personal purpose, mission, talents, skills and strengths. Co-committed to own and/or shared visions and higher principles.

Co-commitment and exploration

- Root of the problems are addressed and analysed.
- Many processed truths substantially advance comprehension.
- Deliberated solutions (producing only 3% of poor end results*).
- Innovative thinking is cultivated also by mistakes.



"My truth is a part of our Truth and your's is therefore right also."

LANGUAGE & THOUGHT

Attitude of "I know part of the whole, but not all." | Open | Curiosity | Innocence | A childlike nature | Spontaneity | Spirituality | Tolerance | Integrity | Independent | Gratitude | Being nobody special | Compassion | Wisdom | Attaining balance | Authenticity | Transparency | Future possibilities enriched in awareness of "why"

“Free choice” – The illusion and disconnecting from it

Our choices forward our purpose, when we understand the factors included within that opportunity. Choosing without personal inspiration and integrity the unconsciously accepted is chosen by default. **Below; which one would you choose if and when you were free?** What and who’s purpose are you forwarding with your current choices? When you select clean energy, does the environment get cleaner and/or stay clean? Will you be able to choose to live on unblemished land, drink clean water and breathe fresh air? Can you choose a natural and nutritious foods for your health and the health of your family? **How about everyone else?**

How empowered do we really feel about making a free, personal, choice that effects everything?

ENERGY

Coal, gas, nuclear and oil based - polluting, environmentally unsafe, not free or independent, available for some.

Non-polluting, environmentally safe, independent and free for everyone.

AIR, WATER, SOIL

Growingly toxic, unhealthy, pollution infused places for living and overused for food production.

Refreshing and unpolluted environment for living and food production.

FOOD

GMO and other insecticide, fungicide, herbicide, repellent, growth regulating chemicals in food, production and preserving.

Natural, organic, biodynamic, nutrition rich food ingredients in food, production & preserving.

KNOWLEDGE

Redacted, unavailable, omitted, question and free though prohibiting science with narrative controlled “information”.

Open, transparent, diverse, inquiry and free thought allowing science, information and discussion based evolution.

LIVING

Unsafe, short-term, unavailable for all & environmentally unsupportive living.

Safe, generation sustainable, available for all, life & environment supportive living.

HEALTH

Brain or body science medicine; sick care of the effects after mind/body loosing strength, flexibility and life force in dis-ease.

Conscience medicine; mind&body&spirit creating strong, flexible and thriving life force with ease.

CITIZENSHIP

Fear, reaction and competition based ‘egology’ standards recognising few and preferable abilities of the individual or of particular value.

Trust based society and ‘ecology’ of world citizens, recognises human value and the individually unique skills and abilities.

WORK

Trend and necessity based work places in benefitting specific industry or company; taking from the world. Exchange with singular debt-based (“bubble” and bankruptcy prone) privately owned currency.

Individually chosen, purpose&inspiration - based participation as part of co-creation; contributing to the world. Exchange with debt-free money / skills

PRIVACY

Any conversation is partly or fully monitored, stored, and/or used as commodity to specific ends by other parties without full consent, based on business, abuse of power, and/or suspicion by no certain terms.

All form of conversations based on trust and transparency. Personal information is recognised, respected and not misused (due to understanding trust).

This is not for the faint of heart

Facilitate your awareness in to Waking Up to Spiritual Self-Leadership and to the succession of insight when you are truly free to choose beyond the illusion of choice.

With free mind you become re-connected with your purpose and effortlessly in co-creating, inventing and thriving as an individual, part of an organisation with local and global significance.

You are intrinsically connected to everything around you through your inspiration and integrity.

We have a great responsibility. Our awareness and consciousness is part of a larger chain reaction, human evolution, thus the consequences of the foundation of our decisions and actions pulsate everywhere, beyond our time, through this moment.

» The last of the human freedoms - to choose one's attitude in any given set of circumstances, to choose one's own way. »

Viktor E. Frankl
in 'Man's Search for Meaning'

Q

I

What do you feel there is to gain in purposeful, inspiration and integrity driven life, work and co-creation for you?

II

If the whole world would stop and listen to you right now, what would you want all of us to recognise and remember you by?

III

What change in this world - and in your heart - would you like to take the honor and responsibility for to maximize the triple bottom line ?